

DSM-5 CROSS-CUTTING SYMPTOM MEASURE

The questions below ask about things that might have bothered you. For each question, circle the number that best describes how much (or how often) you have been bothered by each problem during the past TWO (2) WEEKS.

Name

Age

Identified Gender

Date

If this questionnaire is completed by an informant, what is your relationship with the individual?

In a typical week, approximately how much time do you spend with the individual?

Little interest of pleasure in doing things?

- None
- slight
- mild
- moderate
- severe

Feeling Down, Depressed, or hopeless

- none
- slight
- mild
- moderate
- severe

Feeling more grouchy, irritated, or angry than usu

- none
- slight
- mild
- moderate
- severe

Sleeping less than usual, but have a lot of energy

- none
- slight
- mild
- moderate
- severe

Starting More projects than usual

- none
- slight
- mild
- moderate
- severe

Feeling nervous, anxious, frightened, worried, or

- none
- slight
- mild
- moderate
- severe

Feeling Panic or being frightened

- none
- slight
- mild
- moderate
- severe

Avoiding situations that make you anxious

- none
- slight
- mild
- moderate
- severe

unexplained aches and pains

- none
- slight
- mild
- moderate
- severe

Feeling that your sickness isn't being considered

- none
- slight
- mild
- moderate
- severe

Thoughts of actually hurting yourself?

- none
- slight
- mild
- moderate
- severe

Hearing things that other people can't hear

- none
- slight
- mild
- moderate
- severe

Feeling somebody can read your thoughts?

- none
- slight
- mild
- moderate
- severe

Problems with quality of sleep

- none
- slight
- mild
- moderate
- severe

Problems with memory

- none
- slight
- mild
- moderate
- severe

Unpleasant repeated thoughts, urges, or images

- none
- slight
- mild
- moderate
- severe

Feeling driven to do things over and over again

- none
- slight
- mild
- moderate
- severe

Feeling detached from yourself

- none
- slight
- mild
- moderate
- severe

Not knowing who you are or what you want in life?

- none
- slight
- mild
- moderate
- severe

Not feeling close to people or enjoying others.

- none
- slight
- mild
- moderate
- severe

Drinking at least 4 drinks in a day

- none
- slight
- mild
- moderate
- severe

Smoking any cigarettes,cigar,pipe,snuff, tobacco

- none
- slight
- mild
- moderate
- severe

Abusing meds without a prescription(painkillers)

- none
- slight
- mild
- moderate
- severe